DOMINIQUE WILLIAMS

MOTIVATIONAL SPEAKER | PEAK PERFORMANCE COACH | FORMER NFL RUNNING BACK



DOMINIQUE WILLIAMS

NFL ALUMNI | SPEAKER | AUTHOR | COACH

ABOUT COACH DOM

Coach Dom is a Success Coach who has used his story and experiences to enhance student outcomes. He graduated from Wagner College with a Degree in Sociology and Family Studies. While in college, he became the team's firstever 3x Captain and a college football All-American. After college, he went on to play 3 years in the NFL and 2 in the CFL.

In 2018, after his professional football career was cut short due to injuries, he found himself in a deep depression with no clue what he'd do next. In pursuit of a new career, Dom decided to focus on his overall health and use his experiences to help students overcome obstacles and achieve success.



ASSEMBLIES - KEYNOTE SPEECH -WORKSHOPS - PANEL DISCUSSIONS

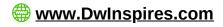
Today, Dom continues his leadership as an...

- Inspirational Speaker
- Peak Performance Coach
- Certified Crisis Prevention Specialist
- & Student Success Coach

"The next generation is not just our future; they are the architects of a better, more enlightened world. Our task is to empower them with education, ethics, and a sense of purpose."

~ Coach Dom





DOMINIQUE WILLIAMS

NFL ALUMNI | SPEAKER | AUTHOR | COACH

SIGNATURE SPEECHES

Lean On Me

(Cultivating a Positive School Culture using the 3C approach for Building Teams)

- Peer to Peer Respect & Social Media Consciousness
- Conflict Resolution & Positive Thinking
- Team Building & Collaboration
- Understanding Your Support System



R.Y.T.E Direction

(Winning Strategies to Build Unshakeable Confidence)

- Realize-Your-True-Excellence
- Strategies to Avoid Distractions
- Fostering Healthy Relationships
- Building Character & Leadership Skills
- Overcome Adversity
- Strategies to Build Self Awareness



Transition Playbook

(Navigating the Jump from MS to HS & HS to College)

- Goal-Setting Practice for Long & Short-Term Success
- Establish Successful Habits & Routines
- Minimize Decision Fatigue
- Creative Tactics to Increase Focus







silive.com









PARTNER WITH COACH DOM

R.Y.T.E. Direction Curriculum

Format: On-site or Virtual Length: 3, 6 or 12 week visits

R.Y.T.E "Realize Your True Excellence" is a comprehensive curriculum for high school & middles school students that offers hands-on learning, engaging activities, and meaningful connections. Through this Curriculum, we aim to establish a solid foundation for personal excellence. (Contact us to learn more).

Core Values

- Empowerment: We empower students to realize their full potential and become confident leaders of tomorrow.
- Resilience: We cultivate mental toughness and perseverance, enabling students to navigate challenges with grace and determination.
- Collaboration: We foster a sense of community, respect, and empathy, valuing diverse perspectives and collaboration.
- Growth: We believe in continuous personal growth, encouraging self-awareness, introspection, and learning.
- Purpose: We guide students to find their unique purpose, aligning their passions and goals with meaningful action.







